



# REGION 6 - OTTAWA NEWSLETTER

SPRING  
2020

[www.ipaottawa.com](http://www.ipaottawa.com)



# *Thank you Coronavirus Heroes*

I believe by now we all understand what the Coronavirus is but who are the heroes and heroines? As it turns out, many of the heroes and heroines of this pandemic include people we truly never saw or appreciated before. They don't work in hospitals or the healthcare field, they don't drive around in police cars, fire trucks or ambulances and they don't necessarily wear a distinguishable uniform - they exist in the background.

*"people we truly never saw or appreciated before"*

These new heroes and heroines that I am referring to are the essential workers; the people who work day and night at gas stations, convenience stores, driving trucks, making deliveries, working at food banks, cashiers, people helping the elderly and vulnerable and the list goes on. Everyday people, doing everyday jobs risking their own health and safety, for you and me.

So here's a big **THANK YOU** to all the essential workers who do not have the option to shelter at home and complain about the inconveniences associated with isolation.

## REGION 6 EXECUTIVE COMMITTEE

Len MacPherson	President/Membership
Teresa Holmes	Regional Secretary
Steeve Zamor	Treasurer (on deployment)
Leslie Goode	Interim Treasurer
Lech Reliszko	VP/Social Media (Facebook)
Bill Murrell	Regional Travel Coordinator & Regional Supply Officer
Bill Reggler	Regional Padre

**CONTACT US:** [ipaottawa@rogers.com](mailto:ipaottawa@rogers.com)

*In Memory . . .*



*Cst. Heidi Stevenson*



*Sean McLeod and Alanna Jenkins*

*Their deaths, while no more tragic than the remaining victims is perhaps more poignant as they were part of our law enforcement community.*



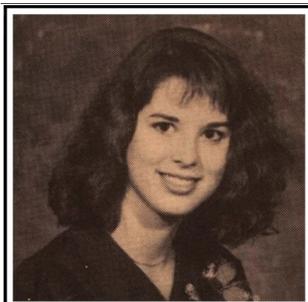
## PRESIDENT'S MESSAGE

I sincerely hope that everyone is in good health and following the protocols put in place to protect you and others.

If the Coronavirus did not already cause enough emotional upheaval in our lives, the senseless killings in Nova Scotia coupled with the loss of three members of law enforcement and the wounding of another sure made things seem worse. My prayers go out to all the families, friends and co-workers of the victims.

I would also like to commend the RCMP for their handling of this case. Growing up in rural Nova Scotia, I can empathize with the RCMP officers responding to multiple crime scenes while at the same time trying to track the suspect through the beauty and wilderness, that is Nova Scotia. Job Well Done!

On a personal note, it was only after the death of Constable Heidi Stevenson that I learned the Heidi and I were raised 12 km apart in the same rural area of Antigonish County, Nova Scotia and that we attended the same schools, albeit a quarter-century apart. It is so sad to have to get to know of Heidi in this manner.



Heidi Burkholder, class of 89 graduated from Dr. John Hugh Gillis Regional High School in Antigonish

A “Sympathetic, Welcome Back” is extended to our members who had their winter get-away plans disrupted by the pandemic. I know one of more of you had to return to Canada, perhaps grudgingly, at the last minute only to have to self-quarantine once you arrived home. My sympathies also go out to those members who had to cancel planned trips / vacations until . . . well, who knows!

For both categories of members, I wish you well negotiating with your travel agencies/airlines and getting your deposits/payments back.

## Region 6 Padre

I would like to take this opportunity to welcome Deacon William (Bill) Reggler to our Region 6 family. Bill is a Region 6 member and he has agreed and has also been officially appointed to act in the capacity of Padre for our region.



I have known Bill for a few years now, having first met him at the Orleans Legion where we are both members and Bill is the Padre. If you ever attended the Remembrance Day ceremonies at the Orleans Legion, Bill was most probably one of the celebrants.

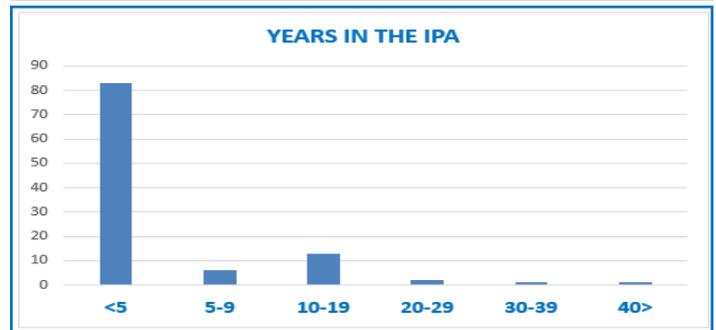
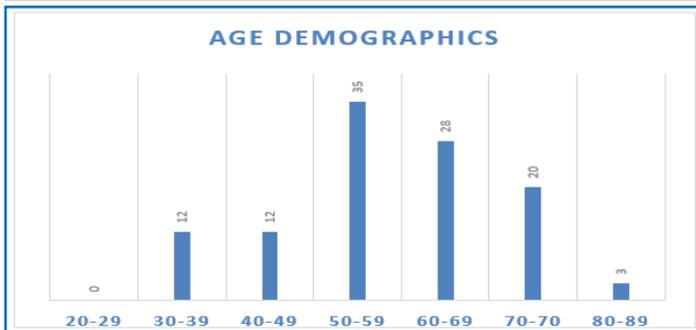
Bill is very approachable, easy to talk to and has a great sense of humour. We can look forward to Bill and June, his wife of 49 years, joining us on occasion at Region 6 events.

Bill has been a Deacon for the past 17 years and prior to that, he was a member of the RCMP for 23+ years, retiring in 1996 as a Sergeant.

If you wish to send Bill a welcome message or have any questions for him, he may be reached at: [lakefieldqu@gmail.com](mailto:lakefieldqu@gmail.com).

# Membership

In 2019, Region 6 saw an increase of 32 new members which was up one from 2018. So far this year, eight of those members did not renew for 2020 or transferred to another region, Age demographics remained basically the same, despite the rest of you getting older :) 2020 saw a 31% decrease in the number of female members when 6 members decided not to renew for 2020. The number of members still serving also dropped 1 % to 39% of all members are still serving. Currently, IPA Canada has approximately 2,600 members across Canada.



**IF YOU KNOW SOMEONE WHO MAY BE INTERESTED IN JOINING THE IPA, PLEASE DIRECT THEM TO OUR WEBSITE OR PERHAPS BETTER STILL, SHARE THIS NEWSLETTER WITH THEM.**



**OTTAWA AIRPORT WATCH**  
Always looking for volunteers

FOR INFORMATION ON HOW TO JOIN, CONTACT  
Jacques Brunelle — [airportwatch@gmail.com](mailto:airportwatch@gmail.com)



## *Never Stop Believing - Dreams Can Come True*

### **Tale of an Amazing Interaction Between a Policeman and a Special Needs Person**

This is a story about a special needs (down Syndrome) lady named Shoanna Holmes who, at the age of 13 years old developed an imaginary boyfriend, named Clifford who was a policeman. Shoanna was born in the 70s with down syndrome and a bad heart, which the doctors would not operate on. They told us she would have a life expectancy of five years. Through love of family and community Shoanna thrived until 44 years of age when her heart just could not keep up. Shoanna passed away peacefully at home in the arms of her beloved sister this past January 2020. This is her story and tribute to a policeman and Halifax Regional Police Department.

Where Shoanna got the name and character we never knew, but she never wavered in her love and devotion to Clifford. Every time she saw a police car drive past our home she would jump up and get excited, waving frantically. On the occasions when a policeman would have to direct traffic due to a vehicle accident at the intersection by our house Shoanna would literally swoon and watch with adoring eyes.

Everyone that came to visit us, from the milkman, water delivery man, and neighbours received a handmade wedding invitation, even those that were canvassing. Over the years, thousands of people received a wedding invitation as she was always getting married "Next Week". My family bought her wedding dresses which she constantly wore, and we would even rent convertibles to drive her around in.

For her amazing 40<sup>th</sup> birthday, we rented a stretch limousine and after collecting the senior neighbours

went to the Halifax Regional Department in Burnside, NS where it was pre-arranged to have a young constable

come out and present her with roses. Shoanna was beyond ecstatic and could not believe she met Clifford on her special day.

Fast forward to her 44<sup>th</sup> year, when we were advised her internal organs were shitting down. I

took her to the Burnside Police Dept for a tour where all went out of their way to welcome Shoanna and get their picture taken with her. She also received a Halifax Police Dept swag bag, which never left her sight for the remaining months of her life. Shoanna was very thrilled to meet her Clifford again.

On 07 Sep 2019, Shoanna turned 44. Clifford (aka Jim) came for a quick birthday visit with balloons and flowers. The visit only lasted ten minutes as Shoanna exhausted quickly and her heart could not handle excitement. Still, Jim and Joanne (Community Relations Sgt who arranged everything) took the time to come and visit Shoanna.



Her happiness to receive gifts from Clifford was poignant and memorable. Jim also requested Shoanna to put on her wedding dress for him.



Well, Jim most certainly did not have to do this, but I explained the circumstances and he never hesitated. Calling her

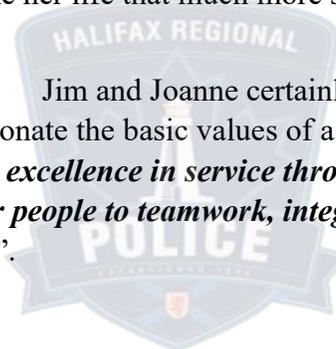
Babycakes (Clifford's name for her) he made a formal request and Shoanna excitedly went to change. She came out of her bedroom glowing like an angel and happily stood beside her Clifford while the cameras were flashing. Numerous poses captured her adoration for Clifford and in her mind she was finally and truly getting married. Jim was so patient and loving towards Shoanna and she just basked and melted in his hands. The pictures, needless to say were jaw dropping amazing and beautiful. Shoanna never hesitated to take pictures, but with Jim in her wedding pictures, her face was so angelic. A true bride.



Shoanna's health quickly deteriorated after her birthday, seemingly as she accomplished her one main, most important facet in her life. She spoke dearly of Clifford and we had the pictures enlarged and plastered around the home. Shoanna's life was complete and she passed away a very happy woman who met and married her one true love.

For another person's compassion to reach out to a special needs like this amazing experience is what life and duty is truly all about. A policeman went above and beyond to spend some time and love of his job to bring sunshine and happiness to a special lady. The Holmes family will forever be in the debt of the Halifax Regional Police Dept for helping Shoanna in her declining health to make her life that much more special.

Jim and Joanne certainly personate the basic values of a policeman. *"Dedicated to excellence in service through the commitment of our people to teamwork, integrity and our core values"*.



**The story you just read was written by Teresa Holmes, our Regional Secretary, and Shoanna was her sister. Thank you Teresa for sharing Shoanna's story and perhaps teaching us all to 'Never Stop Believing'**





# Our Visit to Cuba

Hope everyone finds themselves well in these crazy times. Laura, my stepson Milton and I were fortunate enough this year, to get away to Cuba just before the travel restrictions went into place. We decided on Varadero Cuba because of its proximity, friendly people, reasonable prices and beautiful beaches. While there, we stayed at the beautiful Sol Palmeras all-inclusive 4-Star resort, which had amazing service, excellent entertainment and clean rooms.



We did 3 excursions in the week we were there, the first being Scuba Diving. We went out just off the coast of Varadero and did two 25-minute dives with Barracuda Diving Centre. Their brochures promised lots of sea life and ship wrecks which unfortunately we did not see much of. We have dived in different parts of the world and as far as Diving Outfitters go, they were not the most organized, the boat was overcrowded and the equipment left a little to be desired, so probably would not dive with them again but did have a good time.



Our second excursion consisted of an organized bus tour to the Capital of Havana. We left early morning on our 2 1/2-hour bus ride into the city. The ride itself was pretty scenic and the tour

guide provides you with a brief history of the island on the way. Once there, we made a few stops at different historical landmarks and to a Cigar and Rum factory, which you could buy a bottle for as cheap as \$5.00CDN. Have I sold you yet? From there, we were given a bit of free time to walk around the city on our own and check-out the numerous gift shops. Then, we all met for a nice lunch at a local restaurant, which was also included in the price of our tour. If you ever decide to go to Cuba, I highly recommend taking the day-trip to Havana if you can.

Our third excursion was a visit to the Bel-lamar Caves in the city of Matanzas near Varadero. Matanzas which was founded in 1693 is the capital of the Cuban province of Matanzas and it is known for its poets, culture and Afro-Cuban folk-



lore. After our spelunking, we went on a walking tour of the city itself where we stopped at a nice coffee shop and listened to live Cuban music. Well worth the visit as well.

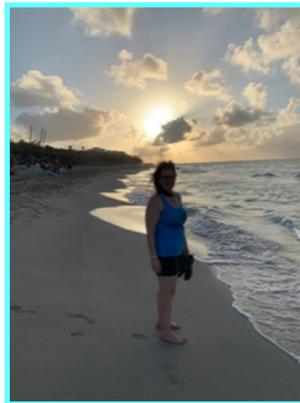


For those who have never been to Cuba, this is a great vacation spot having been there 3 times now. It's very inexpensive, the beaches are beautiful and the people are very friendly. Some say that the food is not the best. All I will say is that when in Cuba, expect Cuban food. Personally, I've never had any issues with the food and have never been sick. It's also very safe to walk around town without fear of being mugged.



However, expect that some may try to take advantage of your wealth. You may be quoted \$10 for a Horse Carriage ride for example only to find out it was actually \$10 a person. They may also offer, “or more insist”, that they will wait for you while you eat at a restaurant or shop the local market not knowing that their meter keeps on ticking. So, what you thought was going to be a \$10 Carriage ride may end up being \$60.

Cuba’s history and why things are the way they are today. Well worth the watch before you go.



Wishing everyone a short quarantine and good health.

Richard St-Onge  
*Servo per Amikeco*

**About the Author:** Richard St-Onge was a member of the Canadian Forces Military Police for 20+ years, retiring in 2008. He was posted from Goose Bay Labrador to Victoria BC and everywhere in between and also served overseas in different capacities in Haïti, Honduras, Barbados, United Arab of Emirate, Turkey, & Ireland. He is now a Kayak Guide for 1000 Island Kayaking in Gananoque and Outward Bound Canada, on the Veterans Sea Kayaking Expedition in the Bay of Fundy. Right now, he is working for his partner Laura doing renovations to their home in the Kingston area.

## First Visitors of 2020

Our first visitors of 2020 were Phil and Heidi from Poole in the UK. Phil is a member of the Dorset Police Service and Heidi is a Specialist Midwife.

Dorset Police is the territorial police force responsible for policing the county of Dorset in the south-west of England, which includes the largely rural area covered by Dorset Council, and the urban conurbation of Bournemouth, Christchurch and Poole. Dorset Police is made up of 2,600 police and civilian staff.



Phil gives Heidi a tour of the police station



When Phil first wrote and said they were planning to come to Ottawa in **January** my first thoughts were “someone didn’t do their research. As it turned out, Heidi had to attend a 3-day conference in Ottawa so they decided to take a mini vacation and also visit relatives in Southern Ontario after Ottawa.

With the assistance of Region 6 members, Phil and Heidi were shown some of the sites around Ottawa and Phil attended our January Brunch. Below, Lech Reliszko presented Phil with a Region 6 coin and IPA Shoulder flash.





## REGION 6—5TH ANNIVERSARY

On September 15, 2015, Region 6 was granted Regional Status after being inactive for thirty-four (34) years. The former Region 6 Ottawa/Carleton became a region in 1972 and due to a number of factors, ceased to be a region in 1981.



First meeting for the new Region 6 Ottawa—Eastern Ontario, held at the Ottawa Police Service Station on Greenbank Road. In addition to some of the new Region 6 members were: IPA National President Denis Nadeau, Secretary General Larry Sheppard, Vice President Central Region Al Welke, National Treasurer Stuart Rinaldo and Region 2 President Chris Barratt.

To mark this auspicious occasion, the Regional Executive Committee were hoping to plan a special event, however, like many other plans that were started before the pandemic, these plans too have been put on hold until holding an event is completely safe for members.

### Region 6 Anniversary Coin

As part of our 5th year anniversary, orders were taken for a special 5th Anniversary Coin.

Leslie Goode, our Treasurer, designed the reverse side of the coin, unfortunately my picture taking abilities do not do it justice.



While we were fortunate enough to receive the coins just days before the Province closed businesses, we were not as fortunate with the coin boxes that were ordered as they were inferior to what we required and they had to be sent back to the manufacturer. As the local manufacturer is still closed, we must wait for them to reopen before we can receive the new coin boxes.

Another unfortunate delay is happening with the delivery of coins to members. By now, everyone should have received notification about how they can pickup their coins, however, if you feel more comfortable waiting until the virus threat is decreased, no problem as we will still be here after the virus is gone.

Anniversary coins and other items are still available from our online store whenever you are ready. Visit: <https://www.ipaottawa.com/store>

<p>IS001 - Lapel Pin</p> <p>\$ 2.00</p>	<p>IS002 - R6 Pennant</p> <p>\$ 12.00</p>	<p>IS003 - R6 Coin</p> <p>\$ 15.00</p>
<p>IS004 - IPA Patch</p> <p>\$ 5.00</p>	<p>IS005 - R6 Anniversary Coin</p> <p>\$ 15.00</p>	<p>IS006 - Coin Box</p> <p>\$ 6.50</p>

**▶ WARNING ◀**

**THE INTERNET CONTAINS MANY FALSE CURES FOR THE CORONAVIRUS. DON'T BE MISLED!**

**THANKFULLY WE KNOW THERE IS ONLY ONE SURE SUPPLEMENT THAT WILL SAVE YOUR LIFE.**

**Travel Section—Feature IPA Property****Spain: IPA Apartment Málaga**Sor Teresa Prat Avenue 59, 3<sup>a</sup> stairs 3<sup>o</sup> K, 29002 Málaga**Francisco Ruiz IPAHOUSE MANAGER****Check in: After 15:00 hours.****Departure: Before 11:00 hours**[ipaservomalaga@hotmail.com](mailto:ipaservomalaga@hotmail.com)

Buenos dias from the IPA House of Málaga which is located in a modern apartment building with an elevator, located within a 5 minute walk to the Paseo Marítimo and the Misericordia beaches. The apt also boasts a swimming pool in the summer season.

The apt has three bedrooms, (two with a double bed and the other with two single beds and a baby crib). The maximum occupancy is six people and also a baby. It has two bathrooms, fully equipped kitchen, laundry room, living room and terrace. It has TV with satellite dish for international channels, heating devices for the winter and ceiling fans and tower fans for the summer, and all necessary appliances including a hair dryer and sound system. The apt also has a garage.

The maximum occupancy are six people. (Three bedrooms, two with a double bed and one with twin beds and a crib for baby).

Pets are not permitted.

***The cost varies per season***

- a. from October to May (except Easter week): 37 euros a night for two people, increases to 10 euros per night per additional person. Easter week: 52 euros night for two people, increases to 10 euros per night per additional person;
- b. month of June: 42 euros a night for two people, increases to 10 euros per night per additional person;
- c. month of July: 47 euros a night for two people increases to 10 euros per night per additional person;
- d. month of August: 52 euros a night for two people, increase to 10 euros per night per additional person;
- e. 01 – 15 September: 47 euros a night for two people, increase to 10 euros per night per additional person; and
- f. 16 – 30 September: 42 euros night, two people, increase to 10 euros per night per additional person.



### Notes

1. Infant to 2 years old are free. Children between 3 – 13 years old pay 7 euros per night.
2. Stays of one or two nights must pay as per month of August fees.
3. Reservations made 3 +months in advance receive a discount of 3% on the total price.
4. Retired IPA members receive a discount of 10% of the total price. (If you book more than 5 nights)

*If you come back, you will have a free night. (It is necessary to reserve five nights. \*\*It does not include the months of July and August and Easter).*

### Local Description:

On the beach you can enjoy the restaurants and eat the typical Málaga cuisine, whose main base are the fried fish and skewers. Next to the house has everything necessary supermarket, shops, pharmacy, and ten minutes-walk to the Municipal Market of Huelin. By the seafront, the center is located about 30-40 minutes' walk. And just ten meters from the door of the house is the bus stop (nº 16), which leads to the same center. Málaga capital is the fifth largest city of Spain, located in the south of the Iberian peninsula in a privileged natural enclave. The Mediterranean Sea bathes its coasts and the mounts of Malaga surrounds it forming a mountainous barrier that defends it of the cold.

Malaga is located in southern Spain, on the Costa del Sol (*Coast of the Sun*) on the northern side of the Mediterranean Sea. It lies at the feet of the Montes de Málaga, about 100 kilometres (62 miles) east of the Strait of Gibraltar and about 130 kilometres (81 miles) east of Tarifa (the southernmost point of continental Europe) and about 130 km (81 miles) to the north of Africa.

The climate is subtropical Mediterranean with very mild winters and hot summers. Málaga enjoys plenty of sunshine throughout the year, with an average of about 300 days of sunshine and only about 40-45 with precipitation annually. Its coastal location with winds blowing from the Mediterranean Sea make the heat manageable during the summer.

Málaga experiences the warmest winters of any European city. The average temperature during the day in the period from December to February is 17–18 °C (63–64 °F). Generally, the summer season lasts about eight months, from April to November, although in the remaining four months temperatures sometimes surpass 24 °C (75 °F). Its average annual temperature is 23.3 °C (73.9 °F) during the day.

The historical monuments to visit are the Alcazaba, the Gibralfaro Castle, the Cathedral, the Roman Theater, the Customs Palace, the Episcopal Palace, etc. Málaga has become an authentic city of Museums, with a total of 36, most of which are located in its historical center. From Malaga you can take excursions and visit the same day, Granada, Cordoba, Seville, Gibraltar, Ronda, Marbella, etc.

Málaga's history spans about 2,800 years, making it one of the oldest cities in Europe. According to most scholars, it was founded about 770 BC

Málaga is home to many famous people. The painter and sculptor Pablo Picasso; Hebrew poet and Jewish philosopher Solomon Ibn Gabirol; and the actor Antonio Banderas were born here.

The oldest architectural remains in the city are the walls of the Phoenician city, which are visible in the cellar of the Picasso Málaga Museum or Museo Picasso Málaga.



La Concepción, botanical and historical garden



### Some sights to see in Málaga are:

- The Roman theatre of Málaga, which dates from the 1st century BC, was rediscovered in 1951.
- The Moors built the Castle of Gibralfaro, which is connected to the Alcazaba, the lower fortress and royal residence. Both were built during the 11th century. The Alcazaba stands on a hill within the city. Originally, it defended the city from the incursions of pirates.
- The Church of Santiago (St James) is an example of Gothic vernacular, incorporating elements from both Christian and Islamic tradition. Also from the period is the *Iglesia del Sagrario*, which was built on the site of the old mosque immediately after the city fell to Christian troops. It boasts a richly ornamented portal in the Isabeline-Gothic style, unique in the city.



### Three major events held in the city are:

- the ***Holy Week celebration***: Processions start on Palm Sunday and continue until Easter Sunday.
- the ***August Málaga Fair (Feria de Málaga)***: in August, the streets are transformed into traditional symbols of Spanish culture and history, with sweet wine, tapas, and live flamenco shows. The day events consist of dancing, live music (like flamenco or *Verdiales*, traditional music from Málaga) and bullfights at *La Malagueta*, while the night fair is moved to the Recinto Ferial, consisting of restaurants, clubs, and an entire fair ground with rides and games.
- the ***Málaga Film Festival***: are the (*Festival de Málaga Cine Español (FMCE)*), dedicated exclusively to films produced in Spain, is one of the most important festivals in the country. It is held annually during a week in March or April.

### The Cathedral of the Incarnation

The Cathedral and the Episcopal Palace were planned with Renaissance architectural ideals but there was a shortfall of building funds and they were finished in Baroque style.

Another old catholic building is the Basilica Real Santuario de Santa Maria de la Victoria built in the late 17th century. It has a chapel in which the vertical volume is filled with elaborate Baroque plasterwork.

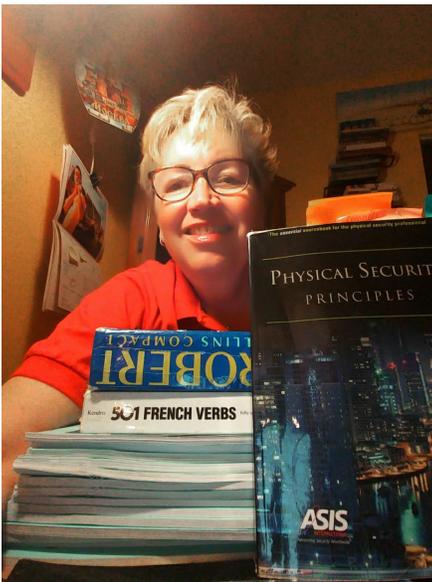
Hello everyone and welcome to the Region 6 Control Centre. This is where we normally track our members travelling around the world. Unfortunately due to a software glitch in Dec 2019, the main map screen is still showing the possible flight paths for Santa Claus. We should have the travel software functioning by the time members start to travel again and Covid-19 has been **annihilated**.



# My Time In Self-Isolation

**Teresa Holmes—Regional Secretary**

How am I spending my time in self-isolation: since 13 March 2020... At the beginning I relished all the free cultural streaming, watching three hour Metropolitan Opera, Bolshoi ballet and various symphonies into the wee hours of the morning, sleeping in and waking up slowly, practicing yoga with my favorite YouTube instructor Sean Vigue.



I am considered an Essential employee for my section so I do have a work laptop, but work during the evenings. Figuring this would last a couple of weeks I was immensely enjoying myself. I also got outside (when the weather co-

operated) to walk 12,000 steps each day. Needless to say, when we learned we would remain in self-isolation for another month, maybe plus, I put my cultural bliss aside to focus on studying, preparing for my next French profile testing and have signed up for the ASIS International Physical Security Professional course.

My days are now consumed with exercise, study, work, study and...naturally sleeping in. Plus, this time at home has greatly assisted in my bonding with my three new cats I adopted late last year. The two sibling kittens permit me to pet and cuddle them finally, while the adult cat maintains his distance. All in good time.

I am grateful for my health and have yet to experience the coronavirus. My son is military so he is on standby and my future daughter-in-law is a nurse, as well as my niece. To these front line workers and so many more, first responders, hospital cleaners, residential home staff, grocery store managers (my nephew) and their staff, there are not enough words of appreciation and thank you for your dedication and strength. Appreciate what we have, most of us are safe within a home and are fortunate we live in Canada.



We invite you to submit a picture and small article of how you are spending your time in Self-Isolation. We will submit in our next newsletter.

## Len MacPherson - President

Admittedly, I do not think I am doing this self-isolation right. Regardless of how hard I try; my wife (Pat) keeps finding me. To be fair to me, she does use our Doberman (Belle) to help track me down. It's sort of like a weird game of where's Waldo and I'm Waldo.

If you have the opportunity to come to my residence, please do not mention anything about the hockey season being cancelled – Belle was not happy.

Self-isolation is not easy, it's like every day is a Sunday and you are looking forward to Monday - unless you've been retired for a while and the days don't seem to matter anymore.

One thing that we have noticed is the number of people out walking their dogs past our house. Being dog owners, we know most of the people who walk their dogs in the neighbourhood and seventy-five percent of these people – we've never seen before. Where were they before the pandemic? Another observation is that many more young people are walking the dogs, coincidentally, one boy and one girl and two dogs. What are the chances they were not allowed out of the house unless they were walking the dog and by complete chance, they just happened to run into their boy/girlfriend along the way? Cute!

As for the adage, misery loves company, this is particularly true in our case. My wife and I are homestay hosts for foreign military officers and NCOs who take a 17-week Language Teacher Training Course in Ottawa. We normally take two students at a time and they become members of the family or in some cases, like an adult child who moved back home.

The latest LTTC course was to run from January to May, however, halfway through the course all the students, except for one, were sent home. The one remaining student, Batbold was told that he could not go home as Mongolia's borders were

closed so now Batbold shares in our misery of captivity. We feel sorry for him as he is a young man with a young family back home and no way to get there.

Here's our student dressed in traditional costume. He brought his ceremonial dress over to



show the other students how Mongolian's typically dress for special occasions. At the rate things are going, I didn't have the heart to tell him he can wear it again this Christmas I Canada.

Overall, I believe we are coping well. My wish is that they get rid of this "wear a mask" requirement and soon!





# IPA International Events Cancelled

## International Youth Gathering

## *Disappointment !*

The IPA International Youth Gathering (IYG), scheduled for Aug 8th to the 22nd, 2020 has officially been cancelled because of the Coronavirus pandemic. The event was to be hosted by the IPA Czech Republic and IPA Slovakia.

What makes this such a big disappointment is that for the first time, the daughter of one on our members was selected to participate. Daniela, whose mother Nancy is a serving RCMP member was one of three candidates selected by IPA Canada.

When Nancy initially discussed the event with her daughter, Daniela was very excited to apply. That same evening she went to work writing up her essay. When Daniela found out she was selected she yelled “Really? This isn’t a joke, right?”. She called her grandma, grandpa, aunts, uncles and cousins to share the news. Her school had even run a short announcement in the school’s newsletter congratulating her!



Now, like many other IPA members and their families, her trip was suddenly cancelled. While we fell bad for all our members whose trips had to be cancelled, we feel particularly bad for Daniela who missed an opportunity to see other parts of the world and to make new friends.

On the left is a photo of Daniela, her Mom Nancy and her Dad Yovany taken at our January 2020 Brunch.

## IPA Games

Another casualty of the Coronavirus was the IPA Games. Two Region 6 members were prepared to attend the games and represent Canada.

Inaugurated in 2018, the first IPA Games were held in Lisbon, Portugal, with more than 350 IPA members from 23 sections taking part in futsal, shooting, volleyball and running competitions.

IPA Games do not only focus on sports, but also on providing the opportunity for meetings with friends and joint recreation - a large social event filled with fun and entertainment.

The IPA Games 2020, which were set to be held in May, have unfortunately been cancelled due to the pandemic.

## Member Benefits Program

### What is Perkopolis

Perkopolis is an on-line discount program that provides companies and associations across Canada with access to exclusive discounts on various products and services. Our Region qualifies to offer our members access to these discounts.

Perkopolis is 100% Canadian owned and operated and was originally founded under the name Concierge Connection. Initially, Concierge Connection provided on-site concierge services to organizations in the greater Toronto area only. In 2009, Concierge Connection was rebranded as Perkopolis and has since grown to be the largest provider of discount programs in Canada. Today, over 2000 organizations place their trust in Perkopolis to deliver unique programs found nowhere else.

### Eligibility

All Region 6 members are eligible to register. Your spouse and children can also benefit from the Perkopolis program as well. There is no cost to join. This program is included as part of your membership. As this plan is administered by the Region, if you leave the IPA you will no longer be eligible for Perkopolis benefits.

### How do I register

To register, visit <https://www.perkopolis.com/member-registration> and enter your email address. Soon after submitting your email address you will receive an email requesting you to confirm your email address and to enter your profile information including member identification number. If you don't remember your member identification number, please contact [ipaottawa@rogers.com](mailto:ipaottawa@rogers.com).

### Technical Difficulties

If you encounter any difficulties registering, please contact Perkopolis's bilingual helpline below.

PERKOPOLIS CALL CENTRE



**Hours**

Monday 9am-5pm EST  
 Tuesday 9am-7pm EST  
 Wednesday 9am-7pm EST  
 Thursday 9am-7pm EST  
 Friday 9am-5pm EST  
 Saturday 10am-4pm

Closed Sundays  
and statutory holidays



**Email**

Support and Inquiries  
[customerservice@perkopolis.com](mailto:customerservice@perkopolis.com)



**Toll Free**  
(800) 761-7523

Please be advised that no personal information was shared with Perkopolis.



CANADIAN POLICE INSIGNIA  
COLLECTORS ASSOCIATION

*Trading Forums \* Patch & Badge Gallery  
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www.CPICA.ca

*Sign up at...*

Bob Pyefinch - Region 6 member  
 Visit: <https://cpica.ca/>

## SINCE YOU CAN'T GO TO THE BAR . . .

### WE BROUGHT BAR TRIVIA TO YOU . . .

1. In 1960, which country became the first in the world to have a female Prime Minister?
2. Princess Alice of Battenberg was the mother of which member of the British royal family?
3. Which African country was formerly known as Abyssinia?
4. What word can go before "decision", "personality" and "second"?
5. According to legend, what was the name of King Arthur's magician advisor?
6. The average human body contains how many pints of blood?
7. According to Greek mythology who was the first woman on earth?
8. What names were given to the three tunnels in the movie *The Great Escape*?
9. The 2014 movie *The Theory of Everything* details the life of which British scientist?
10. In the sport of Judo, what color belt follows an orange belt?
11. Which boxer did Mike Tyson beat to win his first world title in 1986?
12. Which South American country won the first ever soccer World Cup in 1930?
13. The Pyrenees mountain range separates which two European countries?
14. Over half of South America's western coast is occupied by which country?
15. The adjective "cutaneous" relates to which part of the human body?
16. In mathematics, what term describes the bottom number in a fraction?
17. What hormone allows the cells in your body to absorb sugar from your blood?
18. Manfred von Richthofen is better known as which legendary wartime figure?

*Answers near the end—don't peek!*

The IPA Hymn was created in 1966 by IPA France members, and has since remained the official anthem of the IPA. The words were written in French by Pierre-Marie Guillemot, and the music was composed by Alfred Couat. The IPA Hymn was first played at the 8<sup>th</sup> IEC held in Toronto, Canada in 1966, where the orchestrations were carried out by the Band of the French National Police under its Deputy Principal Officer, Pierre Bigot. The title of the IPA Hymn is 'Servir par l'Amitié', which translates to the IPA's motto – Service through Friendship.

## IPA HYMNE



JACQUES IZARD

*SERVIR*

**par l'amitié**



PIERRE BIGOT

**H Y M N E**

### DE L'INTERNATIONAL POLICE ASSOCIATION

*Paroles de Pierre-Marie GUILLEMOT*

*Musique d'Alfred COUAT*

**I**

*Un flambeau d'amitié,  
Au-dessus des frontières,  
Pour chaque policier  
Rayonne comme un soleil,  
Et sur tous les pays,  
Se répand la lumière  
Dans l'infini  
D'un même ciel. (Au refrain.)*

**II**

*Nous avons en commun  
L'amour de la justice  
Et nous tendons la main  
A tous ses défenseurs  
Pour célébrer le nom  
Et le grand sacrifice  
De ceux qui sont  
Morts dans l'honneur. (Au refrain.)*

**III**

*Gloire à tous nos anses  
Que le devoir suprême  
Trouve toujours unis,  
Sans crainte du danger,  
Servant au premier rang  
Et s'exposant eux-mêmes  
En protégeant  
La liberté. (Au refrain.)*

Refrain

*Au service du Bien,  
Chevaliers de la Paix,  
Rendons notre mission plus  
[belle]  
Dans le cœur de chacun,  
La devise éternelle  
Sera : « Servir par l'Amitié ».*



PIERRE-MARIE GUILLEMOT



ALFRED COUAT

## IPA HYMNE

SERVIR PAR L'AMITIE

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Servo per amikeco

Through friendship

SONG OF THE INTERNATIONAL  
POLICE ASSOCIATION

-----

Words by  
Pierre-Marie GUILLEMOT

Music by  
Alfred COUAT

1<sup>st</sup> Verse

The Torch of friendship  
Across borders  
For each policeman  
Glitters like a sunshine,  
And all over the countries  
Its light spreads  
In the infinite  
Of the same sky. (chorus)

2<sup>nd</sup> Verse

We have in common  
The love of justice  
And we hold out our hands  
To all its defenders  
To celebrate the name,  
And the great sacrifice  
Of those who died  
In honour. (chorus)

3<sup>rd</sup> Verse

Glory to all our friends  
That the supreme task  
Always find united  
Fearless of danger,  
Serving on the front place,  
Imperilling their lives  
To protect liberty. (chorus)

- Chorus -  
-----

In the service of the right,  
Knights of the peace,  
Let us make our mission beautiful  
In the heart of each one,  
The eternal motto  
Will be "Through friendship".

# Answers

## Bar Trivia

1. Sri Lanka.
2. Prince Phillip.
3. Ethiopia.
4. Split
5. Merlin
6. Nine
7. Pandora
8. Tom, Dick and Harry
9. Stephen Hawking.
10. Green
11. Trevor Berbick
12. Uruguay
13. France and Spain
14. Chile
15. The Skin
16. Denominator
17. Insulin
18. The Red Baron



**The International Police Association (IPA) is a friendship organization for members of law enforcement, whether serving or retired, founded in 1950 by police sergeant Arthur Troop. As of 2020 we have close to 360,000 members in over 65 countries on 5 continents, making us the largest police association in the world.**

**The purpose of our organization is strictly cultural, social and recreational. At no time does the Association take part in any matter of departmental policy, discipline or unionism.**

**The IPA creates an opportunity for cultural exchange and contacts on a local, national and international level. The IPA is a tremendous organization for members and their families who wish to travel anywhere in the world.**

**Want To Become a Member?**

**Visit our webpage**

**[www.ipaottawa.com/join](http://www.ipaottawa.com/join)**

**And submit an application today**

